

Sherbourne Medical Centre NEWSLETTER

NHS



SHERBOURNE
MEDICAL CENTRE

DECEMBER 2023

Hello...

Welcome to our newsletter which we will be issuing every quarter and we hope you will find interesting and informative.

Your feedback is very important to us and we are always happy to hear your thoughts and suggestions.

Additional roles within our Leamington PCN (Primary Care Network)

When contacting our practice you may be offered an appointment with a member of our PCN team, who specialise in various areas:

Paramedic –

Paramedics work within practices to treat infections, acute illnesses and minor injuries. They also carry out home visits for house bound patients. Some paramedics are able to prescribe a wide range of medications.

First Contact Practitioner (FCP) –

FCPs can assess, diagnose, treat and manage musculoskeletal (MSK) problems. You can speak to a FCP if you are suffering from a sprain, arthritis, muscle/ligament/tendon problems or neck/back pain.

Frailty Nurse –

Frailty Nurses work closely within our local care homes, to prevent hospital admissions and manage complex side effects of frailty. Carrying out weekly ward rounds they work alongside patients, relatives and GP's to ensure a high level of care is delivered.

Dietician –

Dietitians diagnose and treat diet and nutritional problems. The aim of a dietitian is to improve their patient's lifestyle and overall health, through nutrition. Dietitians support changes to food intake to address diabetes, cardiovascular disease, weight management and metabolic diseases.

Social Prescriber –

A Social Prescriber can support and sign post anyone with financial or housing concerns, loneliness and volunteering, being active and healthier, living well independently & low level mental health issues relating to social circumstances.

Child & Young Person Social Prescriber (CYPSP) –

This role is similar to a Social Prescriber, however, they specialise in working with school aged children (under 18s).

Clinical Pharmacist –

Our Clinical Pharmacists provide expertise in the use of medicines and carry out specialist medication reviews.



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STAFF UPDATES

Sadly two of our Doctors are leaving the practice later this month, Dr Zahid and Dr Lowe.

Dr Zahid has decided to focus on his role in urgent care whilst Dr Lowe has completed her GP training and is moving to a different practice to begin her first salaried GP role.

We would like thank both of them for their hard work and contributions and wish them all the best for the future.

We do have two new Doctors joining our team, Dr Rai and Dr Patel, and are looking forward to working with them both.

WORLD AIDS DAY

1st December 2023

World AIDS day is an opportunity for people worldwide to unite in the fight against HIV, show support for people living with HIV and to commemorate people who have died from an AIDS-related illness. Founded in 1988, World AIDS Day was the first ever global health day.

For more information please visit:
www.worldaidsday.org

SURGERY CLOSURES

The surgery will be closed on:

Monday 25th December
Tuesday 26th December
Monday 1st January



PATIENT FEEDBACK SINCE SEPTEMBER



97.5%
1.5%
1%

Based on 1135 responses

NUMBER OF CALLS ANSWERED IN LAST

30 DAYS
5,307

**AVERAGE QUEUE
TIME IN LAST 30
DAYS**

2 minutes
50 seconds



Merry Christmas and Happy New Year from everyone at Sherbourne!



RESEARCH

Here at Sherbourne, we have been an active research practice for over 20 years.
We rely solely on our patients volunteering, so please consider taking part.

Research Team:

Dr Zdravko Gechev and Tracey Murphy

Virology Study

Are you currently suffering from flu like symptoms that started less than 10 days ago?

If so, as part of a study by Oxford University to predict the prevalence of respiratory viruses across the UK, you may be eligible to take part in our clinical trial.

If interested, please contact our research team on 01926 333 525 or email research@sherbourne.nhs.uk

Serology Study

If attending the surgery for a blood test you are eligible for this study, and you may be asked for an extra blood sample for research purposes.

Dare-2-Think Study

If you are aged 55-73 diagnosed with Atrial Fibrillation and not currently taking blood thinning medication you could be eligible for this study.

This study looks at early introduction of anticoagulation medication to reduce the risk of stroke, premature death and dementia. The screening for this study is automated.

Eligible subjects will be contacted and invited to participate.

Asymptomatic Asthma Study

Do children and young people with mild asthma need to take inhaled corticosteroids daily or only on days when they need the reliever inhaler?

The study is sponsored by Alder Hey Children's NHS Foundation Trust.

Eligible subjects will be contacted and invited to participate.

A message from our PPG chair...



The Patient Participation Group (PPG) has been operating at the practice for over 10 years.

The membership has been around 10 patients plus the Practice Manager and some GP representation. Currently both GP partners, Dr Bal and Dr Oliver attend meetings which take place 4 or 5 times a year depending on what needs doing.

Our objective is to support the operation of the surgery by providing a patient view of things and acting as a critical friend. We are all aware of the pressures on the health service and the consequential changes to the way Primary Care operates. Much of this is outside the control of the practice but they do have control over some of the way it is implemented and communicated.

The PPG is the way in which patients can influence some of those decisions. Recently you may have noticed that the website www.sherbourne.nhs.uk has been redesigned and the PPG were consulted right from the beginning of the design process.

We are conscious that being a small group (of generally older patients with more time), we are not representative of the 10,800 or so patients that make up the practice. I am pleased to report that we have recently recruited a few new patient members to make up for some that have stepped down.

If you would like to join the PPG, please contact reception@sherbourne.nhs.uk

Richard Brooks (PPG Chair)