

Sherbourne Medical Centre NEWSLETTER

NHS

SHERBOURNE
MEDICAL CENTRE

SEPTEMBER 2024

Vaccinations 2024/2025 Influenza, RSV and COVID-19 vaccines

This winter, if eligible, you will be offered influenza, RSV and COVID-19 vaccinations.

Influenza Vaccinations

This year most adults will be offered a flu vaccination from early October which is slightly later than previous years. This is based on the latest scientific evidence that flu vaccine's effectiveness can decrease over time in adults so it is preferable to vaccinate individuals closer to the time when the flu virus is likely to circulate (which typically peaks in December or January), as this will provide optimal protection during the highest risk period.

Protection from the vaccine lasts much longer in children, therefore the priority is to start vaccinating all children (including those in clinical risk groups) from 1st September.

Pregnant women are an exception to the advice on a later start date and will also be entitled to a vaccination from 1st September.

Eligibility for Influenza Vaccinations

From 1st September 2024:

- Pregnant women
- All children aged 2 or 3 on 31.08.24
- All children in clinical risk groups aged from 6 months to less than 18 years
- Primary school aged children (from Reception to Year 6 – vaccinated at school)
Secondary school aged children (from Year 7 to Year 11 – vaccinated at school)

From 3rd October 2024:

- Those aged 65 years +
- Those aged 18 to 64 years in clinical risk groups
- Those in long-stay residential care homes
- Carers
- Close contacts of immunocompromised individuals
- Frontline workers in a social care setting

RSV Vaccinations

From 1st September 2024, a vaccination will be available for eligible patients against RSV (Respiratory syncytial virus). RSV is an infectious disease which often causes symptoms similar to a cold such as:

- A runny or blocked nose
- Sneezing
- A cough
- Tiredness
- A high temperature

You will be offered the vaccine if:

- You're turning 75 years old on or after the 1st September 2024
- You're already aged 75 to 79 years on 1st September 2024
- You're 28 weeks pregnant or more

COVID-19 Vaccinations

If you are eligible for the COVID-19 winter booster, you will be contacted to book an appointment. Clinics will be held at the Ahmadiyya Centre.



40 Oxford Street
Leamington Spa
CV32 4RA

reception@sherbourne.nhs.uk

Tel: 01926 333500

www.sherbourne.nhs.uk

STAFF UPDATES

We have welcomed two new GP Registrars Dr Suha Mohamed and Dr Iram Nawaz who have started their placements with us.

ORGAN DONATION WEEK

23rd – 29th September
2024

Organ donation week is a great opportunity for donor families, transplant patients, the wider NHS and organisations to reinforce the importance of organ donation.

Have you thought about it? Most people would accept an organ if they needed one. Sign up to be an organ donor here:

www.organdonation.nhs.uk

STOPTOBER October 2024

Encouraging the nation's smokers to make a quit attempt for the month of October and beyond. Find more information here:
www.nhs.uk/better-health/quit-smoking/

Enquire at reception to check eligibility and to book your appointment

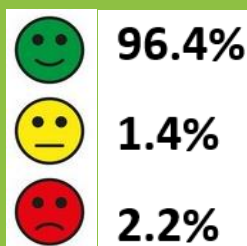
SURGERY CLOSURES

The surgery will be closed from 12:30pm on:

Thursday 19th Sept
Wednesday 16th Oct
Thursday 14th Nov



PATIENT FEEDBACK SINCE JUNE



Based on 952 responses

NUMBER OF CALLS ANSWERED IN LAST

30 DAYS

4,232

AVERAGE QUEUE

TIME IN LAST 30
DAYS

3 minutes
38 seconds

RESEARCH



Here at Sherbourne, we have been an active research practice for over 20 years. We rely solely on our patients volunteering, so please consider taking part.

Research Team:

Dr Zdravko Gechev and Tracey Murphy

Virology Study

Are you currently suffering from flu like symptoms that started less than 10 days ago?

If so, as part of a study by Oxford University to predict the prevalence of respiratory viruses across the UK, you may be eligible to take part in our clinical trial.

If interested, please contact our research team on 01926 333 525 or email research@sherbourne.nhs.uk

Serology Study

If attending the surgery for a blood test you are eligible for this study, and you may be asked for an extra blood sample for research purposes.

Dare-2-Think Study

If you are aged 55-73 diagnosed with Atrial Fibrillation and not currently taking blood thinning medication you could be eligible for this study.

This study looks at early introduction of anticoagulation medication to reduce the risk of stroke, premature death and dementia. The screening for this study is automated.

Eligible subjects will be contacted and invited to participate.

Obstructive Sleep Apnoea Study

This study led by the University of Warwick asks the question; Will a new GP based route, using a device called an AccuPebble be better than the current referral pathways?

Eligible subjects will be contacted and invited to participate.

A message from our PPG chair...



At our last meeting we discussed the patient survey that the practice does each year and the PPG's comments and suggestions helped develop the new survey.

The way the practice delivers the service is constantly evolving. Some of this is because of national policy changes and some of it is within the control of the practice. For example, there is now usually a telephone consultation prior to a face to face appointment with a GP with sometimes the option to send photos. There are also a number of specialist in-house health professionals available such as a physiotherapist, paramedic, pharmacist and social prescriber.

The survey aims to understand how patients engage with the practice and how they find the current service. It's about trying to provide the most appropriate service to a wide variety of patients with different needs in a timely manner. The survey will take place over about a 3 week period around the end of September. The survey will be both online and on paper. A link to the online survey will be sent out via text message and patients will find a link to it on the website www.sherbourne.nhs.uk

There will be paper copies available from reception. On some days members of the PPG will give out paper copies in the waiting area and be available to discuss the survey and the role of the PPG.

If you would like to join the PPG, please contact reception@sherbourne.nhs.uk
Richard Brooks (PPG Chair)